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## Sponsors

The "Art-4-HEALTH<sup>®</sup>" Experience Project is funded in part by grants from the Texas Commission on the Arts through the Houston Arts Alliance.

Other sponsors include:

The Black United Fund of Texas (BUFTX)

The Backyard Gardener

Blessingway Books

The Community Artists' Collective

Westbury Community Garden

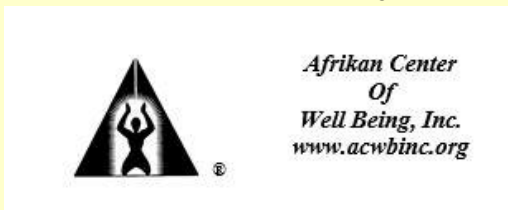
Urban Harvest

Walmart

WHOLE FOODS MARKETS

The Wiseman Company

YOU and The Afrikan Center of Well Being Inc.



Past "Art-4-HEALTH<sup>®</sup>" Experience Project Installations:

City Of Houston

Black United Fund of Texas (BUFTX) ~ Austin, Dallas & Houston

Ecotone Urban Farmers Market

Annual Texas Yoga Conference

Salsa y Salud

American Foundation for Suicide Prevention

Texas A&M Agrilife Extension

Multicultural Education & Counseling through the Arts (MECA)

Phoenix Outreach Youth Center

Gulf Coast of Texas African-American Family Support Conference

India House Inc - Houston

Sunshine Productions

S.H.A.P.E. Community Center's Pan Afrikan Cultural Festival

Westbury Community Garden

Shujaa Martial Arts

Super Bowl XXXVIII - Athletes-For-Art

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A.C.W.B., INC.  
8544 W. Bellfort ST. #208  
Houston, TX 77071-2208

COMMUNITY MEMBER  
STREET ADDRESS  
CITY, STATE 00000

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# The Afrikan Center of Well Being, Inc.

Presents  
the

## Art-4-HEALTH EXPERIENCE<sup>®</sup>



8544 W. Bellfort St. #208

Houston TX 77071-2208

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## Mission Statement

**Purpose and Community Benefit:** The “*Art-4-HEALTH*® ” Experience Project is a new, creative and innovative introduction of the healing arts and sciences as artistic therapies, demonstrating the connection between natural healthcare with nutrition, cultural music, martial arts and visual art modalities. By exposing underserved communities to a holistic approach in healthcare, the “*Art-4-HEALTH*® ” Experience Project provides everyone with information and tools necessary to empower and exercise options in achieving optimal health and well being.

## Components

The “*Art-4-HEALTH*® ” Experience Project consist of four multidiscipline parts: Holistic Health, Visual Art, "Growing with Gardening" Community Garden/Outdoor Learning Centers and Martial Arts emphasizing Cultural Music and Dance/Creative Movement. The “*Art-4-HEALTH*® ” Experience Project is customized for each community gathering.

Magic Mandala



## Photo Highlights

Gardening



Art & Crafts



Martial Arts & Dancing



## "*Art-4-HEALTH*® " Sign-up Form

**Sign up to be:**

- Individual Donor
- Corporate Donor
- Foundation Donor
- Volunteer
- I am interested in having The “*Art-4-HEALTH*® ” Experience Project presented at my school, church, civic and/or community activity.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Organization: \_\_\_\_\_

### Certificate of Appreciation

For your “*Art-4-HEALTH*® ” Program and years of dedicated service to the community. "I am proud to extend the appreciation of a grateful city. We have all been informed, made better and healthier by your contribution."

**Honorable Jarvis Johnson**  
TX State Representative of  
District 139